

1.

---



**Arm held high**

**A) By Leader**

Achtung (attention)

**B) By Ass. Leader**

Understand or ready or ready to move

2.

---



**Arm held high and brought down once**

**A) At the halt**

Fall in or come to me

**B) On the move**

Faster or quicker movement

3.

---



**Arm held at the shoulder and moved once  
in the direction wanted**

**A) Right arm**

To the right

**B) Left arm**

To the left

4.

---



**Arm held high and brought from outer position closer to the head**

**A) On the line of march**

**"At ease"**

**B) At "at ease"**

**Form up in line of march**

5.

---



**Arm held high and brought slowly down sideways**

**Slower**

6.

---



**Arm held high and brought down in a sharp action**

**A) On the move**

Halt

**B) At the halt**

Sit (not needed if already sitting)

7.

---



**High held arm brought deeply down and forward**

"Lie down"

8.

---



**Point with arm in a direction (on movement)**

Follow this way

9.

---



**Swing arm in front of the body**

**A) At loading and unloading weapons**

Clear weapons or stack weapons for work

(Signal Troops)

**B) At the halt**

Sit (not needed if already sitting)

10.

---



**Fist held at chest, brought out straight with a sharp movement**

"Take cover" (From planes)

11.

---



**Arm held over head, moving in a circular motion**

Prepare for next action

12.

---



**Both arms held out**

Position (Firing positions)

13.

---



**Arm stretched out and swung in a circular motion**

A) In open order

Collect

B) In closed order sitting (in vehicles)

Fall in without vehicles

14.

---



**Arm crossed in front of chest**

Stack rifles

15.

---



**Wobble high held hand**

"Leaders of smaller units to me"

16.

---



**Headgear held high**

Here we are

17.

---



**Rifle stretched over head**

"Area clear of enemy"

18.

---



**Rifle held over head with two hands**

"Area not clear of enemy"

19.

---



**Spade held high**

**A) Given from the front**

We are digging in

**B) Given from the rear**

Dig in

20.

---



**Ammo can held high**

Ammunition forward